

## CSC Team Members

### CEO

John Kinner

### Executive Director

Virginia McAuliffe

### Executive Assistant

Crystal Baker

### Reception

Geralyn Blose  
Teresa Torre

### Day Center Manager

Kerry Helmbrecht

### Day Center Aides

Bonnie Brown  
MaryAnn Wise  
Pam Wynes  
Gloria Scott

### Medical Director

Dr. Arvind Wadhwa

### Primary Care

Dr. Alberta Micale  
Dr. Robert Moore  
Patricia Treverton, NP

### Clinic Staff

Jeanette Stone, RN  
Mary Ohanessian, RN  
Colleen Robbins, CMA

### Therapy

Dave Bluett, PT  
Lauren Martin, OT

### Volunteers

Chauncey Young

### Home Care Coordinator

Kathy Henwood, RN

### Health Care Coordinator

Heidi Burns, RN  
Janelle Atkinson, RN

### Social Workers

Kelly Adams, LSW  
Danielle Donner, MSW

### Dietary Staff

Monica Kirsch, RD  
Dorothy Gallagher

### Recreation

Melissa McCraith

### Marketing and Enrollment

Michelle Suito

### Quality

Pat Jones, RN

### Medical Records

Kim Williamson

### Claims

Sherry Himmelback

### Transportation

Wendy Harris

### Cosmetologist

Karen Malvestuto

# CSC Chronicle

1302 Main Street Niagara Falls, NY 14301  
(716) 285-8248



## August 2014

### Message from the Executive Director, Virginia McAuliffe

A few weeks ago, I witnessed a community of individuals come together to share some of the simpler things in life: a delicious meal and each other's company, all for a common cause. When people gather together for something they believe strongly in, as simple as it may seem, the results can be extraordinary.

July 10<sup>th</sup> marked our first Chiavetta's chicken BBQ fundraiser and a tremendous time was had by all (except for the chicken, of course!). Here are a few stats to illustrate

the event's success:

- More than 80 items were donated for our basket auction
- More than 30 volunteers were on-hand at the event, including CSC staff, caregivers, participants, students, community partners, family and friends
- We sold 400 chicken dinners! There were less than 20 available for purchase at the door thanks to the tremendous pre-sale ticket efforts by staff!
- Nearly \$2,500 was raised at the event, which will go right back to direct participant care for our CSC participants and their loved ones.

Another very special thank you to two of our generous community partners and their donations for our big ticket items: Health Systems Services' donation of a lift chair and Synchronet for donating a laptop computer. They were a huge hit!

I am truly proud to be a part of the exceptional team we have at Complete Senior Care PACE. July 10<sup>th</sup> was a special day for us all and a shining example of team work and compassion, yet I continue to witness extraordinary acts each and every day from our team. We radiate pure awesome!

*Sincere thanks again to all!*  
-Virginia

### Fun Facts

**Flower-**  
Gladiolus or  
Poppy

**Birthstone-**  
Peridot or  
Sardonyx

August is  
named after  
Augustus,  
first Emperor  
of Rome.

### Day Center Announcements

Thursday August 7<sup>th</sup> 9a-1p. Included in this event are different vendor tables selling their goods: Baret with purses, sunglasses, socks & more and Papparazzi Accessories everything \$5.00 or less! Proceeds from event benefit CSC programs; Cash only.

CSC Pride T-shirts for sale, for \$14.00, sizes S-3XL. Orders are being taken until Wednesday

August 13<sup>th</sup>. Please see Melissa M. if interested! CSC will be at Park Place Farmers Market Saturday, August 23<sup>rd</sup>. We are participating in a care package drive for deployed military. Donations of listed items are being accepted at day center. Items needed: toiletries, snacks, games, socks, t-shirts, hats, gum and more. To see a complete list of items

needed ask at CSC reception desk.

A friendly reminder the CSC Day Center will be closed Monday September 1<sup>st</sup> in observance of Labor Day. CSC to be in 57<sup>th</sup> annual Niagara County Peach Festival. Look for our table September 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and our decorated float in the parade Saturday, September 6<sup>th</sup> at 11:00am.

### CSC Thank-yous

-To all that donated, gave a helping hand and supported the CSC 1<sup>st</sup> annual Chicken BBQ!

-Janet and Merle S. volunteering at the Niagara County Fair CSC informational table.

-Mrs. Argy for the Bingo prize donations

### Wish List

-Bingo prizes/donations:  
cleaning supplies, trinkets, snacks



Above, Oscar V. maintains the CSC garden  
Below, Mary R. visits with a miniature horse from Shenandoah Acres.



## Participant of the Month: Personality Profile John T.

John T. is the participant of the month for August. John was born to proud parents William and Lizzy. He was the middle child to a brother and a sister growing up on Willow Ave and 27<sup>th</sup> Street in Niagara Falls. John graduated from Trott vocational school in 1947, and had a variety of jobs before joining the Army and serving our country in Korea. He exited the war with a hardship leave home when his father passed away. Upon his return home between helping his family and getting settled back into civilian life, he met the love of his life Esther at the VFW. They soon married and welcomed four children to their family, two boys and two girls. John is proud to share that he has 59 amazing years with his wife and a beautiful growing family. If you ever have the opportunity to sit and chat with John you wouldn't be surprised that he spent most of his career as a salesman. John is a personable and charming 'fella that can engage in any conversation. He worked at W.A. Case and Sons as an industrial salesman until he retired in the 1980's. John has shared a few of his past times, being a long time Lewiston Kiwanis member and enjoying travel vacations all over the world some which include Europe and Hawaii. John enjoys coming to the Complete Senior Care day center a few times a week and spending time with friends and making people smile.

## CSC August Birthdays

### Participants

Larry L. 8/2

Sr. Paul M. 8/23

Marie B. 8/3

Mary R. 8/3

her 8/4

Anne M. 8/4

center 8/7

Lottie S. 8/7

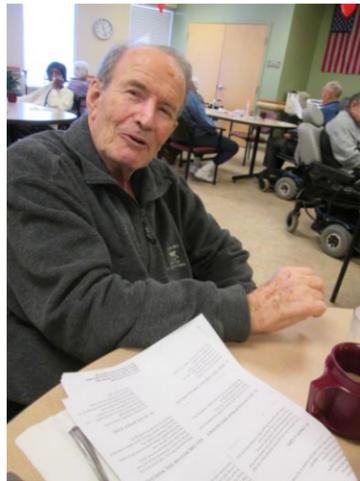
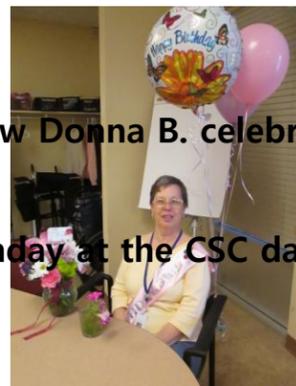
### Staff

Kim W. 8/6

Dorothy G.

Below Donna B. celebrates

birthday at the CSC day



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### Meet & Greet New Faces:

Barbara Carella

Winifred

Doxtator

Richard Silvey

Agnes Wolf

### In Memory:

•Marie Bailey

•William Smith

•Thomas

McNamara

## CAREGIVER CORNER from the Clinic

Are your prescription medications scattered throughout your bedroom, your medicine cabinet, kitchen, or other places in your home? Do you have medications that are expired or that you are not taking anymore? As a parent, grandparent, or family member, it is important that you organize and keep track of your medications so you or someone else will also know where to find what you need and more importantly so that others in your home do not misuse your prescription drugs. It's a great time to begin organizing all your prescription medications. You can start by following these guidelines to know which drugs to properly dispose of:

-Check the expiration dates (after the expiration date,

medications lose their potency and no longer work the way they were intended to work)

-Look for medications that have been discontinued, such as, antibiotics

-Please do not flush your medications down the toilet or throw them in the trash (to prevent poisoning, deter misuse, prevent medicines from entering streams and rivers).

-Call the PACE Center, PACE Clinic, Pharmacy or ask your nurse to assist in arranging for proper disposal.

-Niagara County residents can now drop old prescription drugs, expired medication and other common pharmaceuticals off at a confidential drop off site

at the Niagara County Sheriff's Office. 8:00am to 5 pm weekdays at the secure, monitored site at 5526 Niagara St. Ext., Lockport or call 438-3370. Two other additional pharmaceutical collection sites are set to be opened in Lewiston and Niagara Falls later in the summer.

Store medications in a cool, dry place away from bright sunlight coming through windows or rooms affected by outside weather. Find a place you are in at the same time every day so it will become part of your daily routine to take your medications as prescribed.

Make an appointment today with the clinic to review and reconcile your medications.

### August Activity Highlights

#### Entertainment:

Tuesday, 8/5 Sara Haykel from Salsa for the Soul is coming in to dance at 11:00am  
Tuesday, 8/12 Stories Galorious a mother daughter team is visiting us from Rochester to perform a collection "Travel the World with Stories"  
Thursday, 8/14 Piano Man at 11:00am  
Thursday, 8/21 Saxman Slim at 1:15pm  
Friday, 8/29 Bill Cercone with his auto harp at 11:00am

#### Events:

Thursday, 8/7 Yard Sale (has been moved to) 9a-1p \*also to include other vendors  
Wednesday, 8/13 Target Outing and Lunch, sign up is located on day center bulletin board  
Wednesday, 8/20 ROMEO group Lunch destination TBA, sign up with Melissa M.  
Every Wednesday at 11:00am Writing Club to meet

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Inspirational  
Quote  
"I can't  
change the  
direction of  
the wind, but  
I can adjust  
my sails to  
always reach  
my  
destination."

-Jimmy  
Dean

## Caregiver Help

Are you a caregiver?

Have your loved one's needs increased recently?

Are you struggling to take care of your loved one?

Would you like some education on your loved one's diagnosis?

Would you or your loved one benefit from more home care or time at the Day Center?

Is it getting harder for your loved one to bathe at home?

Please call CSC at 285-8248 to discuss how we can help you as you care for your loved one. If there is a need for increased services, you can receive them at no additional cost as part of your enrollment in CSC PACE.

